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2023 GUIDEBOOK

# SUPPORTING DIVERSE FAMILY CAREGIVERS: A GUIDE FOR PATIENT ADVOCACY GROUPS



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*Supporting Diverse Family Caregivers: A Guide for Patient Advocacy Groups* was created to assist patient advocacy groups in reaching diverse family caregivers and providing culturally responsive resources and supports to them. Most of the information in this guide is from diverse family caregivers themselves; the aim is that patient advocacy groups will keep these findings in mind as they continue to shape their outreach, their resources, and their interactions with diverse family caregivers.

The topics in this guide include findings from research NAC conducted with diverse family caregivers, ways in which patient advocacy groups can help advocate for family caregivers and tips on how to empower a caregiver through their caregiving journey. Also included are personal stories from diverse family caregivers as they relate their experiences and reflect on how their culture has affected the way they care.

NAC is grateful for the support of the family caregivers, patient advocacy groups, subject matter experts and to their funder AstraZeneca for making this guide possible.